

## **CONGRATULATIONS!**

## Kate CARROLL

## FOR COMPLETING THE SUPER SPRINT TRIATHLON

As part of the Hawks Nest Triathlon 25th Nov 2023

00:07:37

00:28:59

00:17:02

01:00:56

200KM SWIM SPLIT

7.5KM BIKE SPLIT

**2KM RUN SPLIT** 

**OVERALL TIME** 

4049

9

68

CATEGORY

CATEGORY PLACING

**OVERALL PLACING** 





















