

# CONGRATULATIONS!

Kate CARROLL

FOR COMPLETING THE SUPER SPRINT TRIATHLON

*As part of the Hawks Nest Triathlon 25th Nov 2023*

00:07:37

200KM SWIM SPLIT

00:28:59

7.5KM BIKE SPLIT

00:17:02

2KM RUN SPLIT

01:00:56

OVERALL TIME

4049

CATEGORY

9

CATEGORY PLACING

68

OVERALL PLACING