

CONGRATULATIONS!

Ellen CRISP

FOR COMPLETING THE SUPER SPRINT TRIATHLON

As part of the Hawks Nest Triathlon 25th Nov 2023

| 200KM S | WIM SPLIT | 7.5KM BIKE SPLIT | 2KM RUN SPLIT | | OVERALL TIME | |
|---------|-----------|------------------|------------------|------|-----------------|--|
| | 2029 | | | | | |
| | CATEGORY | | CATEGORY PLACING | OVER | OVERALL PLACING | |





















