

# CONGRATULATIONS!

## Michael HAYHURST

FOR COMPLETING THE SUPER SPRINT TRIATHLON

*As part of the Hawks Nest Triathlon 25th Nov 2023*

00:05:39

200KM SWIM SPLIT

00:22:08

7.5KM BIKE SPLIT

00:13:50

2KM RUN SPLIT

00:46:31

OVERALL TIME

5059

CATEGORY

3

CATEGORY PLACING

45

OVERALL PLACING