

## **CONGRATULATIONS!**

## Karen IGOE

## FOR COMPLETING THE SUPER SPRINT TRIATHLON

As part of the Hawks Nest Triathlon 25th Nov 2023

00:06:08

00:23:12

00:14:44

00:49:16

200KM SWIM SPLIT

7.5KM BIKE SPLIT

**2KM RUN SPLIT** 

**OVERALL TIME** 

5059

3

53

CATEGORY

CATEGORY PLACING

**OVERALL PLACING** 





















