

# CONGRATULATIONS!

Milly IVINS

FOR COMPLETING THE SUPER SPRINT TRIATHLON

*As part of the Hawks Nest Triathlon 25th Nov 2023*

00:05:32

200KM SWIM SPLIT

00:24:09

7.5KM BIKE SPLIT

00:12:08

2KM RUN SPLIT

00:45:01

OVERALL TIME

12-13

CATEGORY

5

CATEGORY PLACING

38

OVERALL PLACING