

# CONGRATULATIONS!

## Tristram REID

FOR COMPLETING THE SUPER SPRINT TRIATHLON

*As part of the Hawks Nest Triathlon 25th Nov 2023*

00:07:39

200KM SWIM SPLIT

00:20:51

7.5KM BIKE SPLIT

00:12:54

2KM RUN SPLIT

00:45:47

OVERALL TIME

4049

CATEGORY

4

CATEGORY PLACING

41

OVERALL PLACING