

CONGRATULATIONS!

Chris ADAMS

FOR COMPLETING THE STANDARD TRIATHLON

As part of the Hawks Nest Triathlon 25th Nov 2023

00:12:20

1.5KM SWIM SPLIT

01:06:22

40KM BIKE SPLIT

00:46:32

10KM RUN SPLIT

02:09:17

OVERALL TIME

3539

CATEGORY

4

CATEGORY PLACING

35

OVERALL PLACING