

## **CONGRATULATIONS!**

## Gráinne ARCHBOLD

## FOR COMPLETING THE STANDARD TRIATHLON

As part of the Hawks Nest Triathlon 25th Nov 2023

00:16:12

01:19:53

00:46:15

02:26:40

1.5KM SWIM SPLIT

**40KM BIKE SPLIT** 

**10KM RUN SPLIT** 

**OVERALL TIME** 

3034

2

101

**CATEGORY** 

CATEGORY PLACING

**OVERALL PLACING** 





















