

# CONGRATULATIONS!

James BRADSHAW

FOR COMPLETING THE STANDARD TRIATHLON

*As part of the Hawks Nest Triathlon 25th Nov 2023*

00:14:11

1.5KM SWIM SPLIT

01:11:03

40KM BIKE SPLIT

00:40:35

10KM RUN SPLIT

02:09:08

OVERALL TIME

3034

CATEGORY

9

CATEGORY PLACING

34

OVERALL PLACING