

CONGRATULATIONS!

Miriam EAST

FOR COMPLETING THE STANDARD TRIATHLON

As part of the Hawks Nest Triathlon 25th Nov 2023

00:18:22

1.5KM SWIM SPLIT

01:32:10

40KM BIKE SPLIT

01:00:27

10KM RUN SPLIT

02:56:05

OVERALL TIME

4044

CATEGORY

5

CATEGORY PLACING

174

OVERALL PLACING