

## CONGRATULATIONS!

Ben GEE

FOR COMPLETING THE STANDARD TRIATHLON

*As part of the Hawks Nest Triathlon 25th Nov 2023*

00:19:03

1.5KM SWIM SPLIT

01:22:56

40KM BIKE SPLIT

00:55:42

10KM RUN SPLIT

02:44:02

OVERALL TIME

15-19

CATEGORY

6

CATEGORY PLACING

150

OVERALL PLACING