

# CONGRATULATIONS!

## Quentin GRIGNET

FOR COMPLETING THE STANDARD TRIATHLON

*As part of the Hawks Nest Triathlon 25th Nov 2023*

00:17:09

1.5KM SWIM SPLIT

01:19:04

40KM BIKE SPLIT

00:51:16

10KM RUN SPLIT

02:34:17

OVERALL TIME

2529

CATEGORY

17

CATEGORY PLACING

123

OVERALL PLACING