

CONGRATULATIONS!

Tim JONES

FOR COMPLETING THE STANDARD TRIATHLON

As part of the Hawks Nest Triathlon 25th Nov 2023

00:14:17

1.5KM SWIM SPLIT

01:11:25

40KM BIKE SPLIT

00:45:55

10KM RUN SPLIT

02:15:35

OVERALL TIME

4549

CATEGORY

3

CATEGORY PLACING

58

OVERALL PLACING