

## CONGRATULATIONS!

Darren QUARRELL

FOR COMPLETING THE STANDARD TRIATHLON

*As part of the Hawks Nest Triathlon 25th Nov 2023*

00:12:51

1.5KM SWIM SPLIT

01:04:46

40KM BIKE SPLIT

00:41:21

10KM RUN SPLIT

02:01:48

OVERALL TIME

5054

CATEGORY

2

CATEGORY PLACING

15

OVERALL PLACING