

CONGRATULATIONS!

Shannon QUARTLY

FOR COMPLETING THE STANDARD TRIATHLON

As part of the Hawks Nest Triathlon 25th Nov 2023

00:16:15

01:20:59

00:53:27

02:33:55

1.5KM SWIM SPLIT

40KM BIKE SPLIT

10KM RUN SPLIT

OVERALL TIME

5559

1

121

CATEGORY

CATEGORY PLACING

OVERALL PLACING





















