

# CONGRATULATIONS!

## Toby RABAN

FOR COMPLETING THE STANDARD TRIATHLON

*As part of the Hawks Nest Triathlon 25th Nov 2023*

00:15:25

1.5KM SWIM SPLIT

01:31:51

40KM BIKE SPLIT

00:45:04

10KM RUN SPLIT

02:36:50

OVERALL TIME

3034

CATEGORY

25

CATEGORY PLACING

128

OVERALL PLACING