

# CONGRATULATIONS!

Jordon SANDER

FOR COMPLETING THE STANDARD TRIATHLON

*As part of the Hawks Nest Triathlon 25th Nov 2023*

00:14:40

1.5KM SWIM SPLIT

01:13:28

40KM BIKE SPLIT

00:50:23

10KM RUN SPLIT

02:22:10

OVERALL TIME

4549

CATEGORY

5

CATEGORY PLACING

78

OVERALL PLACING