

## **CONGRATULATIONS!**

## Adam SHORE

## FOR COMPLETING THE STANDARD TRIATHLON

As part of the Hawks Nest Triathlon 25th Nov 2023

00:13:39

01:07:44

00:47:10

02:12:58

1.5KM SWIM SPLIT

**40KM BIKE SPLIT** 

**10KM RUN SPLIT** 

**OVERALL TIME** 

4549

2

50

CATEGORY

CATEGORY PLACING

**OVERALL PLACING** 





















