

CONGRATULATIONS!

Gavin STAPLETON

FOR COMPLETING THE STANDARD TRIATHLON

As part of the Hawks Nest Triathlon 25th Nov 2023

00:12:52

1.5KM SWIM SPLIT

01:05:36

40KM BIKE SPLIT

00:41:44

10KM RUN SPLIT

02:03:06

OVERALL TIME

3034

CATEGORY

7

CATEGORY PLACING

19

OVERALL PLACING