

## **CONGRATULATIONS!**

## Joe SULIS

## FOR COMPLETING THE STANDARD TRIATHLON

As part of the Hawks Nest Triathlon 25th Nov 2023

00:12:37

00:59:59

00:42:15

01:57:24

1.5KM SWIM SPLIT

**40KM BIKE SPLIT** 

**10KM RUN SPLIT** 

**OVERALL TIME** 

3034

5

11

**CATEGORY** 

CATEGORY PLACING

**OVERALL PLACING** 





















