

# CONGRATULATIONS!

Lynn TAN

FOR COMPLETING THE STANDARD TRIATHLON

*As part of the Hawks Nest Triathlon 25th Nov 2023*

00:17:44

1.5KM SWIM SPLIT

01:32:41

40KM BIKE SPLIT

01:01:38

10KM RUN SPLIT

02:59:33

OVERALL TIME

3034

CATEGORY

9

CATEGORY PLACING

176

OVERALL PLACING