

# CONGRATULATIONS!

## Nicholas THORNE

FOR COMPLETING THE STANDARD TRIATHLON

*As part of the Hawks Nest Triathlon 25th Nov 2023*

00:14:33

1.5KM SWIM SPLIT

01:07:42

40KM BIKE SPLIT

00:41:13

10KM RUN SPLIT

02:07:24

OVERALL TIME

2024

CATEGORY

5

CATEGORY PLACING

29

OVERALL PLACING