

# CONGRATULATIONS!

Nicole WARD

FOR COMPLETING THE STANDARD TRIATHLON

*As part of the Hawks Nest Triathlon 25th Nov 2023*

00:12:12

1.5KM SWIM SPLIT

01:09:56

40KM BIKE SPLIT

00:42:12

10KM RUN SPLIT

02:07:03

OVERALL TIME

4549

CATEGORY

1

CATEGORY PLACING

26

OVERALL PLACING