

CONGRATULATIONS!

Jarrold Murphy

FOR COMPLETING THE STANDARD TRIATHLON

As part of the Hawks Nest Triathlon 25th Nov 2023

00:16:00

1.5KM SWIM SPLIT

01:11:45

40KM BIKE SPLIT

00:50:15

10KM RUN SPLIT

02:23:01

OVERALL TIME

4549

CATEGORY

6

CATEGORY PLACING

85

OVERALL PLACING