

# TRI HAWKS NEST SWIM.BIKE.RUN

Anthony ALPHONSE

FINISHED THE 2022 HAWKS NEST SPRINT TRIATHLON

As part of the Hawks Nest Triathlon Festival

November 26, 2022

00:11:12

750M SWIM

00:59:56

20KM BIKE

00:35:59

5KM RUN

01:53:08

OVERALL TIME

35-39

CATEGORY

21

CATEGORY PLACING

184

OVERALL PLACING

