

# TRI HAWKS NEST SWIM.BIKE.RUN

Lewis ISAACS

FINISHED THE 2022 HAWKS NEST SPRINT TRIATHLON

As part of the Hawks Nest Triathlon Festival

November 26, 2022

00:08:40

750M SWIM

00:49:50

20KM BIKE

00:28:11

5KM RUN

01:33:35

OVERALL TIME

35-39

CATEGORY

17

CATEGORY PLACING

139

OVERALL PLACING

