

# TRI HAWKS NEST SWIM.BIKE.RUN

Frank LIN

FINISHED THE 2022 HAWKS NEST SPRINT TRIATHLON

As part of the Hawks Nest Triathlon Festival

November 26, 2022

00:09:57

750M SWIM

00:42:29

20KM BIKE

00:24:43

5KM RUN

01:24:02

OVERALL TIME

40-44

CATEGORY

5

CATEGORY PLACING

92

OVERALL PLACING

