

TRI HAWKS NEST SWIM.BIKE.RUN

Am MCDONALD

FINISHED THE 2022 HAWKS NEST SPRINT TRIATHLON

As part of the Hawks Nest Triathlon Festival

November 26, 2022

00:07:52

750M SWIM

00:34:28

20KM BIKE

00:19:38

5KM RUN

01:05:50

OVERALL TIME

35-39

CATEGORY

2

CATEGORY PLACING

6

OVERALL PLACING

