

# TRI HAWKS NEST SWIM.BIKE.RUN

Elizabeth REID

FINISHED THE 2022 HAWKS NEST SPRINT TRIATHLON

As part of the Hawks Nest Triathlon Festival

November 26, 2022

00:08:20

750M SWIM

00:42:00

20KM BIKE

00:23:12

5KM RUN

01:17:25

OVERALL TIME

25-29

CATEGORY

3

CATEGORY PLACING

56

OVERALL PLACING

