

# TRI HAWKS NEST SWIM.BIKE.RUN

Ian JENKINS

FINISHED THE 2022 HAWKS NEST SUPER SPRINT TRIATHLON

As part of the Hawks Nest Triathlon Festival

November 26, 2022

00:07:07

200M SWIM

00:17:02

7.5KM BIKE

00:12:36

2KM RUN

00:39:58

OVERALL TIME

40-49

CATEGORY

3

CATEGORY PLACING

10

OVERALL PLACING

