

# TRI HAWKS NEST SWIM.BIKE.RUN

Ben COADY

FINISHED THE 2022 HAWKS NEST STANDARD TRIATHLON

As part of the Hawks Nest Triathlon Festival

November 26, 2022

00:18:11

1.5KM SWIM

01:18:03

40KM BIKE

00:57:16

10KM RUN

02:39:18

OVERALL TIME

25-29

CATEGORY

16

CATEGORY PLACING

145

OVERALL PLACING

