

# TRI HAWKS NEST SWIM.BIKE.RUN

Sophie GRIFFITHS

FINISHED THE 2022 HAWKS NEST STANDARD TRIATHLON

As part of the Hawks Nest Triathlon Festival

November 26, 2022

00:16:25

1.5KM SWIM

01:21:35

40KM BIKE

00:56:36

10KM RUN

02:38:41

OVERALL TIME

20-24

CATEGORY

1

CATEGORY PLACING

143

OVERALL PLACING

