

# TRI HAWKS NEST SWIM.BIKE.RUN

James HARRISON

FINISHED THE 2022 HAWKS NEST STANDARD TRIATHLON

As part of the Hawks Nest Triathlon Festival

November 26, 2022

00:14:33

1.5KM SWIM

01:14:45

40KM BIKE

00:46:13

10KM RUN

02:21:03

OVERALL TIME

40-44

CATEGORY

12

CATEGORY PLACING

86

OVERALL PLACING

