

# TRI HAWKS NEST SWIM.BIKE.RUN

Allan HOFMAN

FINISHED THE 2022 HAWKS NEST STANDARD TRIATHLON

As part of the Hawks Nest Triathlon Festival

November 26, 2022

00:15:22

1.5KM SWIM

01:08:33

40KM BIKE

00:48:06

10KM RUN

02:16:32

OVERALL TIME

55-59

CATEGORY

3

CATEGORY PLACING

71

OVERALL PLACING

