

# TRI HAWKS NEST SWIM.BIKE.RUN

Jay KENNEDY

FINISHED THE 2022 HAWKS NEST STANDARD TRIATHLON

As part of the Hawks Nest Triathlon Festival

November 26, 2022

00:13:54

1.5KM SWIM

01:13:05

40KM BIKE

00:43:41

10KM RUN

02:15:59

OVERALL TIME

40-44

CATEGORY

8

CATEGORY PLACING

68

OVERALL PLACING

