

# TRI HAWKS NEST SWIM.BIKE.RUN

Sam SHAW

FINISHED THE 2022 HAWKS NEST STANDARD TRIATHLON

As part of the Hawks Nest Triathlon Festival

November 26, 2022

00:15:40

1.5KM SWIM

01:08:54

40KM BIKE

00:44:30

10KM RUN

02:14:15

OVERALL TIME

25-29

CATEGORY

10

CATEGORY PLACING

60

OVERALL PLACING

