

# TRI HAWKS NEST SWIM.BIKE.RUN

Vanessa STANTON

FINISHED THE 2022 HAWKS NEST STANDARD TRIATHLON

As part of the Hawks Nest Triathlon Festival

November 26, 2022

00:14:00

1.5KM SWIM

01:24:51

40KM BIKE

00:57:39

10KM RUN

02:41:56

OVERALL TIME

30-34

CATEGORY

6

CATEGORY PLACING

151

OVERALL PLACING

