

# CONGRATULATIONS!

## Ben SUNDERLAND

FOR COMPLETING THE SPRINT DISTANCE TRIATHLON

*As part of the Port Stephens Triathlon 11<sup>th</sup> May 2024*

00:08:25

750M SWIM SPLIT

00:48:15

27KM BIKE SPLIT

00:22:27

5KM RUN SPLIT

01:24:22

OVERALL TIME

30-34

CATEGORY

5

CATEGORY PLACING

30

OVERALL PLACING