

# CONGRATULATIONS!

## Henry HONE

FOR COMPLETING THE SPRINT DISTANCE TRIATHLON

*As part of the Port Stephens Triathlon 11<sup>th</sup> May 2024*

00:06:56

750M SWIM SPLIT

01:05:32

27KM BIKE SPLIT

00:26:10

5KM RUN SPLIT

01:47:02

OVERALL TIME

16-19

CATEGORY

7

CATEGORY PLACING

191

OVERALL PLACING