

# CONGRATULATIONS!

## Chris RANGLES

FOR COMPLETING THE STANDARD DISTANCE TRIATHLON

*As part of the Port Stephens Triathlon 11<sup>th</sup> May 2024*

00:17:02

1.5KM SWIM SPLIT

01:34:47

40KM BIKE SPLIT

01:01:29

10KM RUN SPLIT

03:01:53

OVERALL TIME

65-69

CATEGORY

1

CATEGORY PLACING

192

OVERALL PLACING