

# CONGRATULATIONS!

## Lara TUCKER

FOR COMPLETING THE STANDARD DISTANCE TRIATHLON

*As part of the Port Stephens Triathlon 11<sup>th</sup> May 2024*

00:25:00

1.5KM SWIM SPLIT

01:20:23

40KM BIKE SPLIT

01:06:47

10KM RUN SPLIT

03:05:06

OVERALL TIME

55-59

CATEGORY

2

CATEGORY PLACING

198

OVERALL PLACING