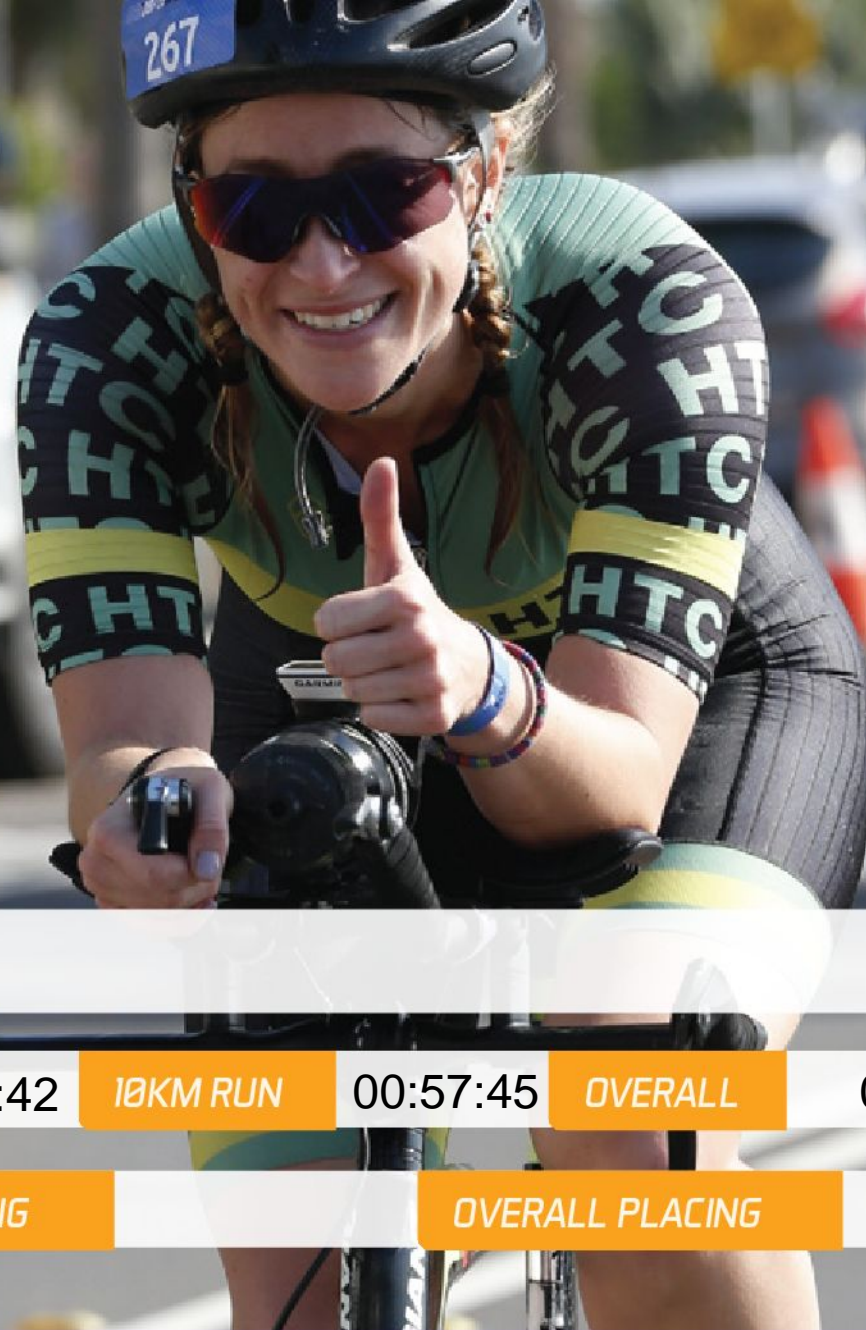




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



STANDARD

Robert HURLEY

1.5KM SWIM

00:26:34

40KM BIKE

01:16:42

10KM RUN

00:57:45

OVERALL

02:47:04

CATEGORY

25-29

CATEGORY PLACING

OVERALL PLACING

POWERADE.

Destination
WOLLONGONG

Revvies
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS



P&D
Traffic
Management



McDonald's
i'm lovin' it™

KIND

soto

catfish