

TRI THE GONG

SWIM. BIKE. RUN.

2023 FINISHER

CONGRATULATIONS!

John DOMANDL

FOR COMPLETING THE STANDARD DISTANCE TRIATHLON

As part of the Wollongong Triathlon Festival 23rd April 2023

00:31:30

1.5KM SWIM SPLIT

01:02:39

40KM BIKE SPLIT

00:53:19

10KM RUN SPLIT

02:38:03

OVERALL TIME

PC

CATEGORY

2

CATEGORY PLACING

275

OVERALL PLACING