

TRI THE GONG

SWIM. BIKE. RUN.

2023 FINISHER

CONGRATULATIONS!

Kerry DOWLING

FOR COMPLETING THE STANDARD DISTANCE TRIATHLON

As part of the Wollongong Triathlon Festival 23rd April 2023

00:29:01

1.5KM SWIM SPLIT

01:21:55

40KM BIKE SPLIT

01:12:05

10KM RUN SPLIT

03:11:50

OVERALL TIME

75-79

CATEGORY

1

CATEGORY PLACING

472

OVERALL PLACING