

TRI THE GONG

SWIM. BIKE. RUN.

2023 FINISHER

CONGRATULATIONS!

Gareth GARDNER

FOR COMPLETING THE STANDARD DISTANCE TRIATHLON

As part of the Wollongong Triathlon Festival 23rd April 2023

00:26:07

1.5KM SWIM SPLIT

01:03:46

40KM BIKE SPLIT

00:41:37

10KM RUN SPLIT

02:16:01

OVERALL TIME

40-44

CATEGORY

11

CATEGORY PLACING

76

OVERALL PLACING