

# TRI THE GONG

SWIM. BIKE. RUN.

## 2023 FINISHER

# CONGRATULATIONS!

## Christopher GOFFIN

FOR COMPLETING THE STANDARD DISTANCE TRIATHLON

*As part of the Wollongong Triathlon Festival 23<sup>rd</sup> April 2023*

00:28:57

1.5KM SWIM SPLIT

01:21:25

40KM BIKE SPLIT

00:58:24

10KM RUN SPLIT

02:58:42

OVERALL TIME

50-54

CATEGORY

26

CATEGORY PLACING

426

OVERALL PLACING