

# TRI THE GONG

SWIM. BIKE. RUN.

## 2023 FINISHER

# CONGRATULATIONS!

Sam BARTLETT

FOR COMPLETING THE STANDARD DISTANCE TRIATHLON

*As part of the Wollongong Triathlon Festival 23<sup>rd</sup> April 2023*

00:20:19

1.5KM SWIM SPLIT

01:05:02

40KM BIKE SPLIT

00:44:17

10KM RUN SPLIT

02:13:36

OVERALL TIME

30-34

CATEGORY

13

CATEGORY PLACING

58

OVERALL PLACING