

# TRI THE GONG

SWIM. BIKE. RUN.

## 2023 FINISHER

# CONGRATULATIONS!

Dave HURST

FOR COMPLETING THE STANDARD DISTANCE TRIATHLON

*As part of the Wollongong Triathlon Festival 23<sup>rd</sup> April 2023*

00:23:28

1.5KM SWIM SPLIT

01:10:24

40KM BIKE SPLIT

00:55:33

10KM RUN SPLIT

02:34:33

OVERALL TIME

35-39

CATEGORY

36

CATEGORY PLACING

233

OVERALL PLACING