

TRI THE GONG

SWIM. BIKE. RUN.

2023 FINISHER

CONGRATULATIONS!

David KWONG

FOR COMPLETING THE STANDARD DISTANCE TRIATHLON

As part of the Wollongong Triathlon Festival 23rd April 2023

00:28:07

1.5KM SWIM SPLIT

01:15:32

40KM BIKE SPLIT

00:43:11

10KM RUN SPLIT

02:32:44

OVERALL TIME

25-29

CATEGORY

30

CATEGORY PLACING

214

OVERALL PLACING